



Critically Appraised Papers (CAP)

The American Society of Hand Therapists invites the submission of Critically Appraised Papers on hand and upper extremity-related topic to be shared with the attendees of the ASHT 2025 Annual Meeting in the form of an e-Poster presentation. Researchers, therapists and students are asked to submit the outline of a Critically Appraised Paper which will be blindly peer-reviewed and considered for e-Poster presentation at the ASHT Annual Meeting. All CAPs accepted for presentation at the conference will need to be prepared as an e-Poster presentation. At least one author from each accepted e-poster needs to be registered, either in-person or virtually, for the Annual Meeting. All CAPs must be original work and can be on any aspect of hand and upper extremity-related research.

Please note: You may submit as many CAP outlines as you wish; however, ASHT will only accept up to two CAPs per author to avoid the submission and acceptance of "like" CAPs. ASHT welcomes CAPs previously submitted to other meetings.

Submission Guidelines/Formatting for CAPs

We ask that you submit your work in an outline format. Please read the ASHT CAP grading criteria to assist with determining what should be included in your submission and final e-Poster presentation if selected for inclusion in the annual meeting. Please do not include statements such as "the results will be discussed" or "data will be presented and discussed" within your submission, as these are NOT acceptable.

Title

The title should be CRITICALLY APPRAISED PAPER followed by a citation of the paper that is appraised in AMA format.

Critically Appraised Paper

Please organize the CAP as follows and include the heading title in each section:

1. Purpose should include:

- a. Clinical bottom line
- b. Research objectives, level of evidence and study design (identify/list)

2. Methods should include:

- c. Participant selection
- d. Interventions and control groups

3. Results should include:

- e. Outcome measures
- f. Results

4. Conclusion should include:

- g. Limitations



h. Conclusion

Do not include:

Author information in your CAP submission for review. Graphics can be uploaded separately, do not include them in your CAP text.

Maximum Characters: 5,000 (includes spaces)

The CAP sub-committee for the ASHT Research Division used AOTA’s Critically Appraised Paper Guidelines in establishing this outline and defining the organization of the CAPs.

Other important information:

1. Please submit the paper that is appraised by the CAP in full text for the reviewers to use in their grading of the submission.
2. Please refer to the ASHT CAP grading criteria in composing your submission and CAP as these are the topics that should be covered by CAP authors.
3. Please ensure that your CAP is original and that a CAP has not already been completed on the paper of choice.
4. Please reference the outline for completing a CAP from the AOTA website or like websites as this website provides a comprehensive outline for a thorough CAP.

All presenters are expected to cover their own travel, lodging and conference registration fees.

About ASHT

Established in 1975, ASHT is a professional organization comprised of licensed occupational and physical therapists who specialize in the treatment and rehabilitation of the upper extremity (hands, shoulders, arms, and elbows). The vision of ASHT is to be the recognized leader in advancing the science and practice of hand therapy through education, advocacy, research and clinical standards.